

Grace Place Congregational Wellness Weekend Agenda

Leader:

Rev. Dr. Darrell Zimmerman

VP, Program, Grace Place Lutheran Wellness Ministries

Friday

6:00 pm Registration and Dinner –

6:30 Opening Worship

6:45 Opening Session – Wellbeing in a Lutheran Voice: Baptism

7:45 Session II Spiritual Wellbeing

8:45 Close of Day Prayer

Saturday

8:00 am Continental Breakfast –

8:30 Morning Worship

8:45 Session III – Intellectual Wellbeing

9:30 Session IV – Relational Wellbeing

10:15 Break

10:30 Session V – Emotional Wellbeing

11:15 Session VI – Vocational Wellbeing

12:00 pm Noon Day Prayer

12:15 Lunch –

1:00 Session VII – Physical/Financial Wellbeing

2:00 Session VIII – Wellbeing of Faith Community

2:30 Sending Ceremony/Closing Prayer

Sunday

Worship Service – According to congregation's schedule

Rev. Zimmerman available to preach as requested

12:00 Lunch

12:30 Session IX (Optional) – Fiscal Wellbeing (Eustolio Gomez, Concordia Plan Services)

2:30 Closing Devotion